



## Addiction affects the entire family.

**The Shatterproof Family Program offers understanding, comfort, and hope.**

Set in a supportive community environment, this two-day program will guide you through such topics as:

- How to find quality treatment
- Building a plan of action before a crisis hits
- Dealing with stigma and shame surrounding addiction
- What recovery looks like for your loved one and for yourself
- Understanding addiction as a disease

### UPCOMING SESSIONS

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**Dates:** September 28<sup>th</sup> and 29<sup>th</sup>

**Time:** 9:30 AM – 5:00 PM

**Host Organization:** Spectrum Health Systems

**Location address:** 155 Oak Street,  
Westborough, MA 01581

**To Register, Contact:** Norah Lasorsa

**Contact phone:** 978-505-8900

**Email:** [norah.lasorsa@spectrumsys.org](mailto:norah.lasorsa@spectrumsys.org)

**Cost:** \$20 (scholarships available)

***Refreshments will be provided.***



Shatterproof is a 501(c)(3) nonprofit and is not affiliated with any treatment facilities. We offer education, resources and support, not treatment. [shatterproof.org/family](https://shatterproof.org/family)